

## 

## CARDIAC HEALTH

WHY TO WORRY ABOUT CARDIOVASCULAR DISEASE (CVD)?



Primary cause of death globally is CVD.



422.7 million cases of CVD exist around the world as of 2015.



Out of the 17 million premature deaths (< 70 yrs) due to noncommunicable diseases in 2019, 38% were caused by CVDs.

Basic Cardiac Risk F	Profile		INR 3,500/-
. High-Sensitivity C-Reactive Protein ( hs CRP )			
. Homocysteine			
. High-Sensitivity Cardiac Troponin I test ( hs Troponin I )			
Basic Cardiac Risk F	Profile with Lipid	Profile*	INR 4,100/-
. Lipid Profile*			
Comprehensive Car	diac Risk Profile		INR 13,900/-
. High-Sensitivity C-Reactive Protein ( hs CRP )			
. High-Sensitivity Cardiac Troponin I test ( hs Troponin I )			
. High-Sensitivity Cardiac Troponin T test (hs Troponin T)			
. Pro-B-type Natriuretic Peptide (Pro BNP) . Leptin			
. Extended Lipid Profile*			
(Lipid profile with Lipoprotien (a), Apolipoprotein A & B, Homocysteine )			
Note: - Tests marked with * require minimum 10-12 hours fasting.			
Risk Factors For Cardiovascular & Heart Disease			
• Age (>65 years)	• Family history	• Diabet	es mellit <u>us</u>
•Smoking/Alcohol	• Diet	• Hyperl	ipidemia
<ul> <li>Hypertension</li> </ul>			

**CARDIAC PRO** consists of a group of advanced

tests that provide immediate, actionable clinical

information for the risk stratification and aid in

predicting future cardiac events.

CARDIAC RISK MARKERS

hs Troponin I Highly sensitive and preferred cardiac marker to rule out any cardiac event and to access the risk of future CVD.

hs CRP Highly sensitive marker of inflammation. An increased level may indicate a higher risk of CVD.

hs Troponin T Latest generation independent prognostic marker that aids in diagnosis of MI in an acute setting and also supports to identify relative risk of CVD.

Around 47% of sudden cardiac deaths occur outside a hospital, suggesting that many people with heart disease don't act on early warning signs.





**IDENTIFY** 

Homocysteine Prognostic marker for CVD events.

ProBNP

This test is used to diagnose and & rule out congestive heart failure.

ACT

## DON'T GUESS.

KNOW YOUR RISK FOR DEVELOPING A CARDIOVASCULAR DISEASE IN THE FUTURE!



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